

Ask your doctor if Rezūm™ Water Vapor Therapy is right for you

3 Simple Steps

The following is intended as a general overview, and your experience may differ. Please talk with your doctor about questions you may have about the procedure.

1. Before your procedure

- Your doctor may stop anticoagulants, or blood thinners, a few days to a week prior to your procedure
- Antibiotics may be prescribed
- Your doctor will discuss any pain medications that will be used

2. Procedure day

- The actual procedure takes only minutes however an overnight stay may be recommended for some patients
- Your doctor will advise you on this. You will receive an anaesthetic during the procedure and your doctor may prescribe pain medication after the procedure
- Plan to have a driver for your appointment, unless your doctor tells you that you can drive yourself home

3. Resume your life

- After your procedure, continue oral antibiotics as prescribed by your doctor
- Your doctor may recommend a catheter for a few days to ease urination during healing
- Avoid activities that may irritate your prostate. Consult your doctor for specific recommendations
- If you experience discomfort:
 - Take a mild pain medication, as recommended by your doctor
 - Try a warm bath or sitting on a hot water bottle
 - Consider temporarily removing caffeine, chocolate and alcohol from your diet

Talk to your doctor to see if Rezūm™ Water Vapor Therapy is right for you

All treatments have inherent and associated risks. The Rezūm™ System is intended to relieve symptoms and obstructions, and reduce prostate tissue associated with BPH. It is indicated for men with a prostate volume of more than 30cm³. The Rezūm System is also indicated for treatment of prostate with hyperplasia of the central zone and/or a median lobe. Potential risks include but are not limited to painful urination (dysuria), blood in the urine (haematuria), blood in the semen (haematospermia), decrease in ejaculatory volume, suspected urinary tract infection (UTI), and urinary frequency, retention or urgency. You should talk with your doctor about benefits and risks before moving forward with any treatment option.

*Dependent on individual clinical situation and healing response.

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SCO-152, Ground Floor, Sector
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A minimally invasive treatment for BPH



Rezūm Water Vapor Therapy

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BPH Affects

50-60%

of men by age 60 and

up to **90%**

of men aged 70-80

What is BPH?

Benign Prostatic Hyperplasia (BPH) is an enlargement of the prostate gland affecting about 50-60% of men in their 60s, and up to 90% of men in their 70s and 80s. This enlargement can compress the urethra, reducing the flow of urine from the bladder, and sometimes blocking it entirely.

The symptoms of BPH include



Urinary frequency



Weak stream



Irregular flow



Straining



Urgency



Urinary Getting up at night to urinate

Treating BPH

BPH affects 28.1 million men in India. Rezūm™ Water Vapor Therapy is a minimally invasive option designed to reduce BPH symptoms in men with an enlarged prostate.



See the difference

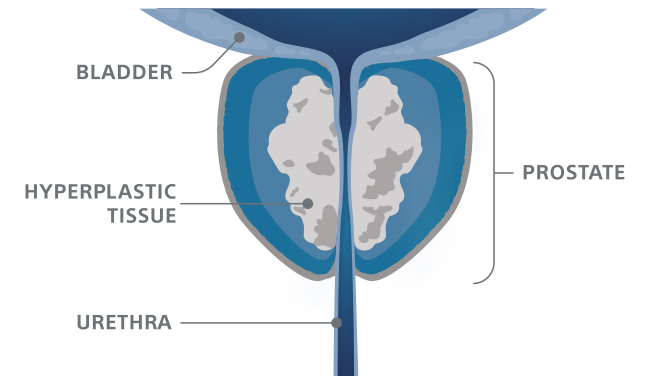
Rezūm™ Water Vapor Therapy uses the natural energy stored in water vapour, or steam. It is a minimally invasive treatment available to relieve symptoms associated with benign prostatic hyperplasia, or BPH.³

During each 9-second treatment, sterile water vapour is released throughout the targeted prostate tissue. When the steam turns back into water, all the stored energy is released, causing the cells to die.

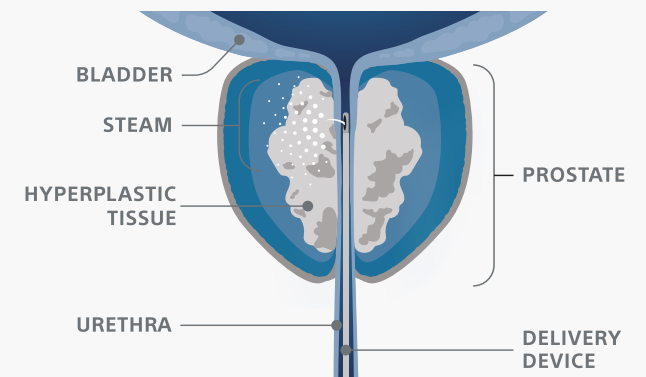
Over time, your body's natural healing response removes the dead cells, shrinking the prostate. With the extra tissue removed, the urethra opens, reducing BPH symptoms.

Most patients begin to experience symptom relief in as soon as two weeks, and maximum benefit may occur within three months. Patient responses can and do vary.⁴

Before



During



After

